



# NCOA<sup>®</sup>

## Non Commissioned Officers Association of the United States of America

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Central Valley Chapter #1551 • P. O. Box 642 • North Highlands, CA 95660 • Tel (916) 362-9746  
See us online at: <http://www.ncoa1551.org> email: [info@ncoa1551.org](mailto:info@ncoa1551.org)

5 Mar 2025

**MEMORANDUM FOR:** Central Valley Chapter # 1551  
*Spirit of Sacramento* Auxiliary Chapter # 0270

**SUBJECT:** NCOA/Auxiliary General Membership Meeting Minutes (Mar 2025)

1. **Meeting called to order at 1900 hours in person.**

Pledge of Allegiance led by CMSgt (Ret) Jim Sullivan  
NCOA Creed read by MSgt (Ret) Michael Grabow  
Moment of silence observed.

2. **Executive Committee Members:**

CMSgt (Ret) Jim Sullivan, Chairman, Present  
MSgt (Ret) Michael Grabow, Vice-Chairman, Present  
CMSgt (Ret) Jim Kearns, Treasurer, Absent  
MSgt (Ret) Liz Lynn, Secretary, Present  
MSgt (Ret) Gary Chase, Trustee, Present

3. **Auxiliary Executive Committee Members:**

Ellie Witt, Vice Chairman, Present  
Melissa Carnahan, Trustee, Absent

Tammy Sullivan, Chairman, Present  
Scott Rodowick, Treasurer, Present

4. **Members Present:**

MSgt Al Davis (Ret)	Donna Master, Auxiliary	Larry Lynn, Auxiliary
Bob Byers, Auxiliary	Jim U'ren, Auxiliary	

5. **Guests Present:** Ron Harder, Owner- Heritage Oaks Memorial Chapel. Presentation about the services and benefits provided by this premier funeral home. They provide service and compassion, state-of-the-art facilities and grief resources among other arrangements. He emphasized the importance of preplanning which can alleviate your loved ones of making hard decisions during a time of loss and sorrow. They are located at 6920 Destiny Dr Rocklin, CA. 95677 or visit [www.HeritageOaksMemorialChapel.com](http://www.HeritageOaksMemorialChapel.com)

6. **Chairman's Comments:**

**Regular:** NCOA Advocate - Continues with 'strength in unity' for 2025. The month of March celebrates Women's History Month which honors women who have served in the past and present. Reminder of NCOA's annual conference July 15-18 in Norfolk, Va. On Feb 15, 2025, a Flag Retirement & BBQ in Lincoln was attended by Chief Sullivan, Tammy and Melissa Carnahan. Great event with 600 flags retired. A Caption Call Phone was ordered by Chief Sullivan with a clarification that if the Call Phone is no longer wanted, it can be returned to the Caption Call Phone company, no charge. The 35th Annual Kids Day is on April 26-Sat 11am-3 pm sponsored by the Cordova Community Council. Researching the Air Space Museum at McClellan for a possible NCOA event this year.

**Auxiliary:** Tammy Sullivan, President of International Auxiliary NCOA. The Volunteers of America (VOA) collection of clothing is going well. The value of the most recent clothing collected was \$699. Drop off VOA items can be brought to our NCOA monthly meetings. The Military Widows Group operated by Dee Denny, 93 years old, is considering donating \$600 to our Chapter; need to address how best these funds can be used. Recruited several new auxiliary members, including Jim U'ren,

Account Manager of CaptionCall. Shout out to Donna Masters for talking to several people who renewed their membership.

**HQ Chairman's Comments:** Sir Joe Terry- None.

7. **Membership Coordinator:** Regular: 166 Auxiliary: 141

8. **Treasurer's Reports:** MSgt (Ret) Liz M. Lynn and Mr. Scott Rodowick gave their treasurers' reports.

Balance: \$5,347.28 JROTC: \$870.00 Auxiliary: \$2,255.11

9. **Legislative:** Gary Chase - President Biden on Jan 2, 2025 Signed Dole Act (P.L. 118-210) the new law will expand care giver benefits for elderly and infirmed veterans; increase in cap for in home care; fix community care options for veterans outside the VA health care system; extending timelines and eligibility and availability for certain GI Bill programs and provide funding for family caregiver mental health services and sheltering homeless veterans. As of Jan 2025, VA has created presumptive service connections for urinary bladder, urethra and related urinary organs cancers, leukemias, multiple myelomas, myelodysplastic syndromes and myelofibrosis. After March 4, 2025, you will not be able to sign in to My HealtheVet or other VA online services with a My HealtheVet user ID and password. You'll need to sign in with a different secure sign-in account. If you don't have a Login.gov or ID.me account yet. After March 12, 2025, your My HealtheVet appointments information will only be available on VA.gov. H.R.303 Retired Pay Restoration Act: Allows the receipt of both military retired pay and veterans' disability compensation with respect to any service-connected disability.

10. **Unfinished Business:**

- a. JROTC Update – (Jim S.) Shipment of 38/102 Medals. Ordered 800 medals to be delivered in a few weeks (Open).
- b. Gotsneakers.com (Scott Rodowick). Looking for more places to place barrels. Received a check for \$7.00. (Open).
- c. 2025 Calendar of Events (Tammy). A new 2025 calendar was handed out. (Open).
- d. Korean War and Vietnam Medallion Program (Jim S). A support Medallion Program from the Chief's Group is being reviewed. Potential recipients in Nevada (Open).
- e. Jessup University Update (Liz). The fundraiser Give:24 is on March 24 Monday, along with Ruck Walk. Lt. Col. Des Nelson, a Chaplain in the Army Reserves and an Advancement Officer at Jessup University, will be our guest speaker on Apr 2, 2025, our monthly NCOA meeting (Open).
- f. Air Show -22/23 Mar 2025 Saturday/Sunday (Jim) A roll call of all those attending the Air Show was announced and assurance that all paperwork was filled out by volunteers. (Open)
- g. VFW Dinner- 28 Feb 2025-(Jim) With the hall previously rented, we adjusted to a new way of serving the dinners. The steaks were cooked behind the building then assembled in the kitchen with runners delivering food in the bar. We planned 65 meals and served 64 with very few leftovers. Discussed pros/cons of serving from the kitchen versus the buffet style. To be determined, great event overall! (Closed)

11. **New Business:**

- a. VFW Breakfast 16 Mar 2025 Sunday. Sign-up sheet circulated.

The meeting adjourned at 2015 hours. The next meeting is scheduled for 2 Apr 2025 at 1900 hours and will be held both in person at the VFW and online with Zoom. MSgt (Ret) Michael Grabow will send out an email with information to attend; please respond to his message so you can register.

//signed//  
JAMES N. SULLIVAN, CMSgt, USAF (Ret)  
Chapter Chairman

//signed//  
DR. LIZ M. LYNN, Ed.D, MSGT, USAF (Ret)  
Chapter Secretary