



NCOA[®]

Non Commissioned Officers Association of the United States of America

Central Valley Chapter #1551 • P. O. Box 642 • North Highlands, CA 95660 • Tel (916) 362-9746
See us online at: <http://www.ncoa1551.org> email: info@ncoa1551.org

4 Sept 2024

MEMORANDUM FOR: Central Valley Chapter # 1551
Spirit of Sacramento Auxiliary Chapter # 0270

SUBJECT: NCOA/Auxiliary General Membership Meeting Minutes (Sep 2024)

1. **Meeting called to order at 1900 hours in person.**

Pledge of Allegiance led by CMSgt (Ret) Jim Sullivan
NCOA Creed read by Vice Chairman MSgt (Ret) Michael Grabow
Moment of silence observed.

2. **Executive Committee Members:**

CMSgt (Ret) Jim Sullivan, Chairman, Present
MSgt (Ret) Michael Grabow, Vice-Chairman, Present
CMSgt (Ret) Jim Kearns, Treasurer, Absent
MSgt (Ret) Liz Lynn, Secretary, Present
MSgt (Ret) Gary Chase, Trustee, Present

3. **Auxiliary Executive Committee Members:**

Ellie Witt, Vice Chairman, Present
Scott Rodowick, Treasurer, Present

Tammy Sullivan, Chairman, Present
Pam Wright, Secretary, Absent
Melissa Carnahan, Trustee, Present

4. **Members Present:**

MSgt Alan Davis (Ret)	CPO Lisa Varner (Ret)	TSgt Orin K. Taylor (Ret)
ET1 Charlie Tucker	Larry Lynn, Auxiliary	Patty Grabow, Auxiliary
Donna Master, Auxiliary	Robert Anthony, Guest	

5. **Guests Present:** Terri O'Sullivan from the Higher Purpose Foundation. A 1995 non-profit that raises funds to support different organizations and programs to make a difference in lives with a renewed hope for a better tomorrow. They have partnered with many groups such as Toys for Tots, STARS Program, WEAVE and Power House Ministries. For more info, see <https://www.higherpurposefoundation.org/>

6. **Chairman's Comments:**

Regular: NCOA Advocate-Happy Labor Day! NCOA to partner with Firearms Legal Protection (FLP), our exclusive self-defense legal protection provider. When joining FLP, you protect yourself and support NCOA too. For more info, see <https://firearmslegal.com/ncoa/>. Celebration of Life CMSgt Juan Canada 21 Sept 2024. Mather Veterans Health Assistance Expo 7 Sept 2024, 9am-12pm at Sonoma Park 10750 Agria Court Rancho Cordova. Get 1-on-1 assistance for VA Health care and other programs. Ruck for Resiliency Walk also on 7 Sept 2024 9am-12pm to promote self-care, community and support within the veteran and service member communities. The walk is also located at Sonoma Park.

Auxiliary: Tammy Sullivan, President of NCOA International Auxiliary yielded her time to guest speaker Terry O'Sullivan.

HQ Chairman's Comments: Sir Joe Terry: Strength in Unity.

7. **Membership Coordinator:** Regular: 177 Auxiliary: 173

8. **Treasurer's Reports:** MSgt (Ret) Liz M. Lynn and Ellie Witt gave Treasurers' reports.

Balance: \$ 4,771.35 JROTC: \$1,288.61 Auxiliary: \$5,139.72

9. **Legislative:** NOPAIN ACT -To help choose the best non-opioid options for Medicare patients without added financial barriers. Effective 1 January 2025. For more info see www.Nopainact.com

10. **Unfinished Business:**

- a. Website Update (Pam) Updated info on website (Open)
- b. JROTC Update (Jim S) Ordered 30 medals since school started with a back order of 3,200 medals. A motion by Michael Grabow to transfer funds from Ch 1551 to the JROTC account to support the medal purchases. Motion seconded by Gary Chase. All in favor. (Open)
- c. Gotsneakers.com (Scott Rodowick) Program to be re-evaluated since a new \$3.00 charge will be deducted from each barrel; previously there was no charge. Received two checks, \$41.00 and \$103.00. A motion by Scott Rodowick to donate \$500 to the Silkie Hike Run was seconded by Ellie Witt, All in favor. (Open)
- d. 2024 Calendar of Events (Tammy) Updated calendars were provided. Michael Grabow added to the calendar, 29 Sept 2024 Sunday 3:00pm, at the Harris Center in Folsom, a film called Sacred Texts of War, journey into the heart of moral injury among combat veterans. Harris Center Box Office (916) 608-6888. (Open)
- e. Korean War and Vietnam Medallion Program Update. (Jim S) Ordered more medallions (Open)
- f. Irreverent Warrior Silkie Hike Update – (Michael) 19 Oct 2024 Saturday -Besides the hike, other activities include kick ball, five branches of service competing in games, etc. New restaurant, Dad's Kitchen, to be featured along with Chick Fillet and Subway. More info to follow (Open).
- g. William Jessup University Update (Liz) 7 Sept 2024-Saturday 7:30am WJU 5K Ruck Walk. Our NCOA chapter to manage Registration desk at 7:00am (Larry & Liz Lynn).(Open)
- h. VFW Dinner - 27 Sept 2024- Volunteer sheet handed out.(Open)

11. **New Business:**

- a. Remembering our Fallen – Tribute to Global War on Terror - 11/15 Sept
- b. Elections Nov 2 – 5, 2024 This is our biggest fund raiser during an election year. Sign-up sheets were handed out for Ballot Transport Vans and Supply Vans. More info to follow at our next meeting, Oct 2, 2024.

The meeting adjourned at 2000 hours. The next meeting is scheduled for 2 Oct 2024 at 1900 hours and will be held both in person at the VFW and online with Zoom. MSgt (Ret) Michael Grabow will send out an email with information to attend; please respond to his message so you can register.

//signed//
JAMES N. SULLIVAN, CMSgt, USAF (Ret)
Chapter Chairman

//signed//
DR. LIZ M. LYNN, Ed.D, MSGT, USAF (Ret)
Chapter Secretary